

5K FAMILY RUN PROPAGAS

PROGRAMA 7ma Edición 5K Family Run Propagas

Domingo 10 de marzo – 5K Family Run Propagas

4:00 AM: Hora límite de llegada 100km del Caribe Non Stop by Propagas

7:30 AM a 9:30 AM: Entrega de Kits 5K Family Run Propagas en la zona camping Hotel Altocerro.

9:00 a 10:20 AM: Calentamiento con Zumba y animación.

10:30 AM: Salida del 5K Family Run Propagas desde la zona camping del Hotel Altocerro.

11:30 AM: Cierre carrera - Premiaciones 100km del Caribe Non Stop by Propagas y 5K Family Run Propagas con música y DJ – Animación

PROGRAM 5K Family Run Propagas

Sunday March 10th – 5K Family Run Propagas

4:00 AM: Arrival time limit of 100km del Caribe Non Stop by Propagas athletes.

7:00 to 9:30 AM: Handling 5K Family Run Propagas Bib Numbers in the Hotel Altocerro camping area.

9:00 a 10:20 AM: Warm up with Zumba and music.

10:30 AM: Start 5K Family Run Propagas - camping area Hotel Altocerro.

11:30 AM: 100km del Caribe Non Stop by Propagas and 5K Family Run Propagas Awards with music and DJ.

